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1 Analysis of conformational stability of abnormal prion protein aggregates across the spectrum of
2 Creutzfeldt-Jakob disease prions

3

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15

16 Running Head: Conformational stability of PrP^{Sc} in CJD

17

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19

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24 ABSTRACT

25 The wide phenotypic variability of prion diseases is thought to depend on the interaction of a
26 host genotype with prion strains that have self-perpetuating biological properties enciphered in
27 distinct conformations of the misfolded prion protein, PrP^{Sc}. The latter concept is largely based
28 on indirect approaches studying the effect of proteases or denaturing agents on the
29 physicochemical properties of PrP^{Sc} aggregates. Furthermore, most data come from studies on
30 rodent-adapted prion strains, making current understanding of the molecular basis of strains and
31 phenotypic variability in naturally occurring diseases, especially in humans, more limited. To fill
32 this gap, we studied the effect of guanidine hydrochloride (GdnHCl) and heating on PrP^{Sc}
33 aggregates extracted from 60 sporadic CJD and 6 variant CJD brains. While denaturation curves
34 obtained after exposure of PrP^{Sc} to increasing GdnHCl concentrations showed a similar profile
35 among the 7 CJD types analysed, PrP^{Sc} exposure to increasing temperature revealed significantly
36 different and type-specific responses. In particular, MM1 and VV2, the most prevalent and faster
37 replicating CJD types, showed stable and highly resistant PrP^{Sc} aggregates, whereas VV1, a rare
38 and slow propagating type, revealed unstable aggregates that easily dissolved at low temperature.
39 Taken together our results indicate that the molecular interactions mediating the aggregation
40 state of PrP^{Sc}, possibly enciphering strain diversity, are differently targeted by GdnHCl,
41 temperature and proteases. Furthermore, the detected positive correlation between thermo-
42 stability of PrP^{Sc} aggregates and disease transmission efficiency makes inconsistent the proposed
43 hypothesis that a decrease in conformational stability of prions results in an increase in their
44 replication efficiency.

45 **IMPORTANCE**

46 Prion strains are defined as infectious isolates propagating distinctive phenotypic traits after
47 transmission to syngenic hosts. Although the molecular basis of prion strains is not fully
48 understood, it is largely accepted that variations in prion protein conformation drive the
49 molecular changes leading to the different phenotypes. In this study, we exposed abnormal prion
50 protein aggregates, encompassing the spectrum of human prion strains, to both guanidine
51 hydrochloride and thermal unfolding. Remarkably, while exposure to increasing temperature
52 revealed significant strain-specific differences in the denaturation profile of the protein,
53 treatment with guanidine hydrochloride did not. The findings suggest that thermal and chemical
54 denaturation perturb the structure of prion protein aggregates differently. Moreover, since the
55 most thermo-stable prion protein types were those associated with the most prevalent phenotypes
56 and most rapidly and efficiently transmitting strains, the results suggest a direct correlation
57 between the strain replication efficiency and the thermo-stability of prion protein aggregates.

58 INTRODUCTION

59 Prion diseases are invariably fatal neurodegenerative disorders of humans and other mammals,
60 characterized by tissue deposition of aggregates of a misfolded, beta-sheet rich and partially
61 protease-resistant isoform (PrP^{Sc}) of the cellular prion protein (PrP^C). In prion diseases misfolded
62 PrP^{Sc}, originating exogenously or spontaneously, is thought to template the structural conversion
63 of the host-encoded PrP^C in an autocatalytic process (1, 2). Intriguingly, a wealth of recent
64 evidence indicates that proteinaceous seeds serving as self-propagating prion-like agents may
65 represent a common pathogenetic mechanism in most, if not all, neurodegenerative diseases (3).
66 Despite their relative rarity, prion diseases show a wide spectrum of clinical and pathological
67 phenotypes with significant heterogeneity in disease duration, symptomatology and distribution
68 or type of brain lesions. Current classification of sporadic Creutzfeldt-Jakob disease (sCJD), the
69 most common human prion disease, includes six major disease phenotypes that strongly correlate
70 at the molecular level with the genotype at the polymorphic codon 129 (methionine, M, or
71 valine, V) of the *PRNP* gene (which encodes for PrP^C) and two PrP^{Sc} profiles or types (type 1
72 and type 2) comprising distinctive physicochemical properties such as size after protease
73 treatment (respectively 21 and 19 kDa) and glycoform ratio (4, 5). Recent studies in animal
74 models have shown that phenotypic variations among sCJD phenotypes are largely maintained
75 after transmission into genetically defined hosts, suggesting that different prion strains are the
76 main cause of this diversity (6–11). Although it is well established that PrP^C conversion into
77 PrP^{Sc} involves consistent changes in the secondary structure with part of the α -helical structure
78 turning into a β -sheet (12, 13), a complete structural characterization of PrP^{Sc} has been hampered
79 by the propensity of the misfolded protein to form highly aggregated and detergent-insoluble
80 polymers. Consequently, due to the limited data available from direct structural studies (14, 15),
81 the putative central role of PrP^{Sc} tertiary or quaternary structure in determining the molecular
82 basis of prion strains is not yet clearly demonstrated. Several experimental data, however,

83 indirectly support this hypothesis, both in yeast (16) and in mammals. For example, it is largely
84 believed that the heterogeneity in fragment profile of proteinase K (PK)-digested PrP^{Sc}, which
85 distinguishes at least some of the known prion strains, is the direct consequence of PrP^{Sc}
86 aggregates having distinct conformations (17–21). Similarly, sedimentation profiles and protease
87 sensitivity have been used as indirect markers of PrP^{Sc} structure, and have shown a correlation
88 with strain-specific transmission properties (22–27). More recently, studies with rodent-adapted,
89 cloned prion strains, demonstrated that also the conformational stability of PrP^{Sc}, measured
90 indirectly either by inducing a progressive denaturation of the protein with the chaotropic salt
91 guanidine hydrochloride (GdnHCl) or by exposing the protein to increasing temperatures in the
92 presence of SDS (sodium dodecyl sulfate), may vary among different strains (28–30). Attempts
93 have also been made to correlate PrP^{Sc} conformational stability to strain specific properties such
94 as replication rates, although with conflicting, opposite results in murine and hamster models
95 (28–30).

96 Overall, despite the wealth of experimental data collected in rodents and some evidence obtained
97 in humans suggesting that phenotypic diversity is somehow related to distinct PrP^{Sc} isoforms
98 with distinct structure, the conformational spectrum of these isoforms and their relationship to
99 the issue of prions strains are still poorly understood. In particular, a systematic analysis of the
100 conformational stability of PrP^{Sc} aggregates across the spectrum of human prions CJD is still
101 lacking. Previous studies focused on the comparison between sCJD subtypes MM1 and MM2
102 (31–33) or between variant CJD (vCJD) and the most common sCJD type MM1 (34).
103 Furthermore, only the unfolding induced by GdnHCl was addressed whereas the thermo-stability
104 of PrP^{Sc} has never been explored in CJD.

105 To add insights to the intriguing relationship among PrP^{Sc} molecular types, the conformational
106 stability of abnormal PrP^{Sc} aggregates, and the phenotypic expression of disease, we have

107 evaluated both guanidine-induced unfolding and thermo-stability of PrP^{Sc} across the whole
108 spectrum of currently characterized human CJD strains.

109

110 MATERIALS AND METHODS.

111 **Patients and tissues.** We studied brain tissues from 60 cases of sCJD and 6 cases of vCJD. sCJD
112 tissues included the whole spectrum of pure phenotypic variants recognized by current
113 classification (5): 12 MM1, 9 VV1, 10 MV 2K, 12 VV2, 7 MM2-cortical (MM 2C), and 4 MM2-
114 thalamic (MM 2T). In addition, 6 brains of sCJD MM 1+2C, the most common sCJD subtype
115 with mixed histopathologic features and the co-occurrence of PrP^{Sc} types 1 and 2 were analyzed.
116 Each sCJD brain was classified as a “pure” or “mixed” type based on the results of
117 histopathological examination, PrP immunohistochemistry and PrP^{Sc} typing in multiple brain
118 regions, according to Parchi et al (5). Unfixed brain tissues were obtained at autopsy and kept
119 frozen at –80 °C until use. All samples used in this study were taken from the cerebral cortex of
120 the frontal lobe.

121 **Antibodies.** The following monoclonal mouse antibodies, immunoreactive with human PrP,
122 were used: 3F4 at 1:30000, which recognizes residues 106-110 (35), 12B2, at 1:8000, which
123 binds residues 89-93 (36), and SAF60 at 1:2000, which reacts with residues 157-161 (37). In
124 addition, the PrP^{Sc} type 2-specific polyclonal antibody T2 (1:5000), which binds residues 97-103
125 (7) and the rabbit antiserum 2301 (1:3000) to human PrP residues 220-231 were used.

126 **Preparation of Total Brain Homogenates (THs).** After removing any residual white matter
127 from the cortical tissue sample, 50-100 mgs of gray matter were homogenized (20%, w/v) in TN-
128 NP40 (100 mM Tris, 130 mM NaCl, 0,5% Nonidet P-40) at pH 7.4 (38) for the guanidine assay
129 and (10%, w/v) in LB100 (100 mM Tris, 100 mM NaCl, 10 mM EDTA, 0,5% Nonidet P-40,
130 0,5% sodium deoxycholate) at pH 6.9 (39), for the thermo-solubilisation assay (TSA). In a subset
131 of experiments having the specific purpose of reproducing a previously published protocol (32),

132 a clearing spin of THs at 3000 rpm for 10 minutes was performed. Total protein concentration
133 was measured using a standard colorimetric method based on bicinchoninic acid (Pierce
134 Biotechnology, Rockford, IL, USA).

135 **Guanidine induced unfolding/refolding assays.** Total brain homogenates (TH) were adjusted
136 to a protein concentration of 5.5 mg/ml before denaturation. Equal volumes of TH and GdnHCl
137 solutions ranging from 0 to 4 M (final concentration, $\Delta[\text{GdnHCl}]=0.25\text{M}$) were mixed and
138 incubated for 1 h at 37°C at 300 rpm (Thermomixer Confort, Eppendorf). After the addition of
139 PK at a final concentration of 8 U/ml, samples were re-incubated for another 1 h at 37°C at 300
140 rpm. Protease treatment was terminated by the addition of phenylmethylsulfonyl fluoride
141 (PMSF) at a final concentration of 3.6 mM. Samples were then precipitated in pre-chilled
142 methanol for at least 3 hrs at -20° C, re-suspended in sample buffer (final concentration 3% SDS,
143 4% β -mercaptoethanol, 10% glycerol, 2 mM EDTA, 62.5 mM Tris, pH 6.8) and boiled for 6
144 minutes. Appropriate GdnHCl working concentrations were obtained from serial dilution of a
145 8M stock solution (Thermo Scientific Pierce, Protein Biology Products).

146 To monitor PrP^{Sc} refolding, after incubation with GdnHCl, samples were immediately diluted
147 with 19 volumes of TN-NP40 and subsequently PK-digested at the same working conditions
148 specified above, precipitated in methanol and re-suspended in sample buffer. To monitor
149 reproducibility each treatment was repeated twice.

150 In a subset of samples from 6 MM1 and 6 MM 2C brains we also performed the conformational
151 stability assay (CSA), after incubation with GdnHCl, according to a previously published
152 protocol (32). Briefly, after a clearing spin at 3000 rpm for 10 minutes, aliquots of TH were
153 mixed with aliquots of GdnHCl stock solution to have a final concentration of GdnHCl ranging
154 from 0 to 4.0 M. After 1.5 hours of incubation at room temperature, samples were precipitated
155 with 5-fold pre-chilled methanol, centrifuged at 16,000 g for 30 minutes at 4 °C, and re-

156 suspended by sonication in 20 μ l of LB100 (pH 8.0). Each aliquot was digested with 5 U/ml PK
157 for 1 hour at 37 °C. The reaction was stopped with 2 mM PMSF.

158 **Thermo-solubilisation assays.** TSA was performed according to Bett and colleagues with minor
159 modifications (30). Briefly, TH were digested with 8 U/ml PK for 1h at 37°C with mild shaking
160 (300 rpm). PK digestion was inactivated with PMSF (3,6 mM final concentration). Aliquots were
161 mixed with an equal volume of loading buffer (final concentration 1,5% SDS, 2% β -
162 mercaptoethanol, 5% glycerol, 1 mM EDTA, 31,25 mM Tris, pH 6.8) and heated to temperatures
163 ranging from 25°C to 95°C ($\Delta T=10^\circ\text{C}$) for 6 min with shaking in a thermomixer at 1000 rpm
164 before loading. To monitor reproducibility each treatment was repeated twice.

165 **Western blot and quantitative analysis of protein signal.** After boiling (or heating treatment)
166 proteins were resolved in 13% polyacrylamide gels using a medium-sized gel electrophoresis
167 apparatus (Criterion, Bio-Rad) and transferred to Immobilon-P membranes (Millipore Corp.,
168 Billerica, MA). After blocking in 10% nonfat milk in Tween-Tris-buffered saline, membranes
169 were incubated with the primary antibody. After four washings in Tween-Tris-buffered saline,
170 membranes were incubated for 1 h with an anti-mouse or an anti-rabbit secondary antibody
171 conjugated to horseradish peroxidase (GE Healthcare; working dilution, 1:4000 or 1:3000) and
172 washed again four times in Tween-Tris-buffered saline. The immunoreactive signal was detected
173 by enhanced chemiluminescence (Immobilon Western Chemiluminescent HRP Substrate, Merck
174 Millipore) on a LAS 3000 camera (Fujifilm Corp., Tokyo, Japan). Western blot signals were
175 measured by densitometry using the software AIDA (Image Data Analyzer v.4.15, Raytest,
176 Isotopenmessgeraete GmbH, Straubenhardt, Germany).

177 For guanidine unfolding assay curves were obtained by plotting the percentage of protein
178 remaining after denaturation and PK-digestion treatments (with respect to the PK-digested but
179 GndHCl-untreated sample i.e. 0 M, referred as %PrP^{fold}) against the corresponding guanidine
180 concentration.

181 ED_{50} ($[GndHCl]_{50}$, *e.g.* the guanidine concentration needed to unfold 50% of PrP^{Sc}) for each
182 sample was calculated from the equation describing the sigmoidal curve that best fitted the
183 densitometric data ($R^2 \geq 0.95$). To compare groups we also considered the percentage of protein
184 remaining after denaturation plus PK digestion at $[GndHCl] = 2\text{ M}$ (referred as $\%PrP^{fold}_{2M}$) and
185 the percentage of protein detected after refolding plus PK digestion at $[GndHCl] = 2M$ (referred
186 as $\%PrP^{refold}_{2M}$). Refolded PrP^{Sc} was calculated by means of the formula $(R-F)/N$, where $R =$
187 PrP^{Sc} signal detected after GdnHCl incubation, dilution and PK digestion, $F = PrP^{Sc}$ signal
188 detected after GdnHCl incubation without dilution and PK digestion, $N = PrP^{Sc}$ signal detected
189 after PK digestion without GdnHCl addition.

190 For the TSA we plotted the percentage of protein solubilized after heating treatment (with
191 respect to the sample treated at 95°C , referred as $\%PrP^{Sc}_{mon}$) against the corresponding heating
192 temperature. The ED_{50} (T_{50} , *e.g.* the temperature needed to solubilize 50% of PrP^{Sc}) for each
193 sample was calculated from the equation describing the sigmoidal curve that best fitted the data
194 ($R^2 \geq 0.95$). To compare groups we also considered the percentage of protein remaining after
195 treatment at $T = 35^\circ\text{C}$ (referred as $\%PrP^{Sc}_{mon35^\circ\text{C}}$) and at $T = 75^\circ\text{C}$ (referred as $\%PrP^{Sc}_{mon75^\circ\text{C}}$).

196 **Statistical analyses.** Statistical analyses were performed with Sigma Plot 12.5 (Systat Software
197 Inc., Chicago, IL). One-way analysis of variance (ANOVA) followed by all pairwise multiple
198 comparison procedures were used to look for significant differences in the chosen parameters
199 among CJD variants.

200 RESULTS

201 **Analysis of molecular mechanisms associated with GdnHCl induced unfolding of human**
202 **PrP^{Sc}.** It is well established that the exposure of PrP^{Sc} to increasing concentrations of GdnHCl
203 progressively makes the protein more sensitive to protease digestion. Moreover, while a larger
204 than 3 M concentration of the chaotropic denaturant irreversibly modifies PrP^{Sc} structure and
205 protease-resistance, milder conditions allow the structural change to be reversible (38). Studies
206 on PrP^{Sc} extracted from Syrian hamster brains also showed that GdnHCl induced unfolding
207 mainly involves the N-terminal portion of PrP^{Sc}, as suggested by the persistence of a PK-
208 resistant, GPI-linked, proteolytic fragment of about 16 kDa over a wide range of GdnHCl
209 concentrations (40).

210 Before proceeding with the systematic analysis of the effects of GdnHCl-induced unfolding on
211 human prions, we carried out preliminary studies aimed to select the most appropriate
212 experimental conditions. We first compared the effect of PK digestion when performed before or
213 after GdnHCl dilution, and unexpectedly found that the concentration of the denaturing agent
214 that is required to fully digest PrP27-30 was significantly lower when PK was added to the
215 undiluted sample. Indeed, after GdnHCl serial dilution we noticed a rapid partial recovery of
216 PrP^{Sc} protease-resistance. Only treatments with GdnHCl concentrations of 3.5-4 M irreversibly
217 denatured the protein after solubilisation and made it completely PK-sensitive (Fig. 1). Given the
218 observed rapid recovery of PrP^{Sc} original conformation and the notion that PK is not
219 significantly inhibited by GdnHCl even at a relatively high concentration (41, 42), we chose to
220 perform PK digestions in the undiluted denaturing agent (i.e. PK hydrolysis in buffer containing
221 GdnHCl). To select the most appropriate antibody for monitoring the effect of GdnHCl on PrP^{Sc}
222 PK-sensitivity, we compared the 3F4 antibody, which recognizes a central PrP epitope (35), with
223 antibodies against distinct C-terminal epitopes, which are known to recognize PrP^{Sc} truncated
224 fragments, in addition to PrP^{Sc} 27-30 (20). In contrast to 3F4, which only revealed PrP^{Sc} 27-30,

225 C-terminal antibodies also showed variable amounts of a 18 kDa fragment, consistent with PrP^C-
226 C1 (43), and of a 7-8 kDa fragment, likely generated by endogenous proteolysis of PrP^C during
227 the one hour incubation at 37°C preceding PK-digestion. Given the presence of these fragments
228 in untreated control samples and the lack of any correlation between the relative amount of such
229 fragments and GdnHCl concentration, we concluded that: (i) the generation of these PrP^{Sc}
230 fragments is not denaturation-dependent, (ii) central antibodies such as 3F4 are more appropriate
231 than C-terminal antibodies to study the effect of GdnHCl on PrP^{Sc} structure.

232 **PrP^{Sc} isolates associated with distinct human prion strains show similar denaturation**
233 **curves after exposure to GdnHCl.** Guanidine denaturation curves showed a similar sigmoid
234 profile in all CJD samples analysed (Fig. 2A, B). The curve that best fitted the data ($R^2 \geq 0.95$)
235 was a four parameter sigmoid equation. Calculated values for [GdnHCl]₅₀ ranged from 0,86 M
236 (sCJDVV2) to 1,03 M (sCJDMM 2T) with no statistically significant differences among CJD
237 types (Fig. 2C). A similar value trend was obtained by calculating the percentage of detectable
238 PrP^{Sc} signal at a GdnHCl concentration of 2 M (%PrP^{fold}_{2M}) (Fig. 2D).

239 To further look for strain-specific effects of GdnHCl, we also calculated the percentage of
240 refolded PrP^{Sc} (%PrP^{refold}_{2M}; see methods) at a given, intermediate GdnHCl concentration (2 M).
241 In agreement with our preliminary screening, PrP^{Sc} renaturation occurred in all groups analysed.
242 Calculated values ranged from 14% to 29%, but, again, with no statistically significant
243 differences among CJD types (Table 1).

244 In order to exclude that the divergent results previously obtained by Cali et al. (32) on MM1 and
245 MM 2C prions would only reflect a difference in the methodology used, we also repeated the
246 experiments in a subgroup of samples following their protocol (32). The results obtained
247 confirmed the lack of remarkable differences between MM1 and MM 2C (Fig. 3). In particular,
248 the [GdnHCl]₅₀ values obtained in both groups (1.98 ± 0.05 M and 1.87 ± 0.09 M, respectively)

249 were intermediate between those previously observed in MM 2C (2.76 M) and MM1 (1.42 M)
250 (32).

251 **PrP^{Sc} aggregates associated with distinct human prion strains show a divergent response to**
252 **thermal solubilisation.** It has been shown that the exposure of PK digested PrP^{Sc} to a thermal
253 gradient in the presence of SDS induces a progressive “solubilisation” of protein aggregates
254 which can be measured by a semi-quantitative immunoblot analysis of monomeric PrP^{Sc} (30). By
255 applying this experimental approach to the full spectrum of human prions, we found that, at
256 variance with the GdnHCl assay, the specific profile of the calculated solubilisation curve and of
257 T_{50} , %PrP^{Sc}_{mon-35°C} and %PrP^{Sc}_{mon-75°C} associated values, varied significantly according to the
258 CJD type (Fig. 4 and 5). Overall, while PrP^{Sc} aggregates in sCJD VV1, and to a lesser extent in
259 MM 2T or MM 2C showed a relatively high sensitivity to thermal solubilisation, those associated
260 with MM1, VV2, and MV 2K were significantly more resistant. Hence, on the basis of the
261 analysed parameters, CJD types could be grossly classified in three groups: resistant (MM1,
262 VV2, MV2K), sensitive (vCJD, MM2C, and MM2T) and highly sensitive (VV1) to thermal
263 solubilisation. A further heterogeneity was observed within the sensitive group with vCJD prions
264 showing a more “resistant” profile at the highest temperatures in comparison to MM 2T and MM
265 2C (Fig. 5D).

266 To exclude the possibility that the observed heterogeneity in the thermo-stability of PrP^{Sc}
267 aggregates derives from conformational changes that are limited to the 3F4 binding region, we
268 re-analyzed a subgroup of MM1 and VV1 samples using the mAb SAF60. The thermo-
269 solubilisation curves calculated from the immunoblots labeled with SAF60 fully matched those
270 obtained using 3F4 (Fig. 4). In addition, the 13 kDa C-terminal fragment that is visualized by this
271 antibody (20) in addition to PrP27-30, showed a solubilization kinetics that paralleled that of
272 PrP27-30 in each CJD type (e.g. more thermostable in MM1 than in VV1) (Fig. 4). The latter

273 observation strongly suggests that PrP^{Sc} aggregates in CJD MM1 and VV1 include both
274 fragments.

275 Finally we plotted the solubilisation curves for each of the three PrP^{Sc} glycoforms and found a
276 similar thermo-solubilisation kinetics for each of them with only a minor trend toward a
277 preferential solubilisation of the di- and monoglycosylated forms (data not shown).

278 **PrP^{Sc} types co-occurrence in mixed sCJD phenotypes does not alter/affect thermal**
279 **solubilisation properties of coexisting isoforms.** It is well known that PrP^{Sc} types 1 and 2
280 coexist within the same brain in about 35% of sCJD cases (5). Accordingly, mixed phenotypes
281 have been considered as distinct subtypes in current sCJD classification (44). However, the
282 critical question of whether the brain co-occurrence of PrP^{Sc} types simply reflects the neutral
283 coexistence of two prion strains forming independent protein aggregates, or in contrast represents
284 interacting strains forming mixed aggregates with distinct physicochemical properties, remains
285 unanswered. To investigate this issue we selected 6 cortical samples from sCJD MM1+2C
286 containing a significant amount of both types (e.g. with the less represented type 2 being between
287 30 and 50% of the total PrP^{Sc} signal). We calculated the solubilisation curves for these samples
288 using three different antibodies. More specifically, we monitored the solubilisation trend of the
289 two PrP^{Sc} types simultaneously using 3F4, and analysed PrP^{Sc} types 1 and 2 separately, despite
290 their co-occurrence, with the type-specific antibodies 12B2 and T2 (Fig. 6A). Remarkably, the
291 curves generated with the 12B2 and T2 antibodies fully matched or paralleled very closely those
292 of the corresponding pure phenotype (Fig. 6B). Accordingly, no significant statistical differences
293 were observed in the calculated T_{50} , %PrP^{Sc}_{mon35°C} and %PrP^{Sc}_{mon75°C} values between mixed
294 and pure samples for both PrP^{Sc} types 1 and 2. Moreover, statistical analysis confirmed the
295 differences between PrP^{Sc} types 1 and 2 when analysed in mixed samples using the type-specific
296 antibodies (Fig. 6C, D, E).

297

298 DISCUSSION.

299 The analysis of GdnHCl-induced unfolding by either the conformation-dependent immunoassay
300 (CDI), which measures the extent of epitope exposure, or the conformational stability assay
301 (CSA), which, instead, monitors the progressive loss of PK-resistance after exposure to
302 increasing concentrations of GdnHCl, has been extensively applied to the study of PrP^{Sc}
303 molecules. CDI analysis of PrP^{Sc} unfolding in different murine prion strains yielded unique
304 binding profiles, suggesting that each strain is related to a specific PrP^{Sc} conformation (45).
305 Similarly, the stability of PrP^{Sc} aggregates measured by CSA or by a thermal stability assay
306 (TSA) was found strain-dependent and inversely correlated with the capacity to induce a rapidly
307 lethal disease in murine models (30). At variance with experimentally cloned rodent prion
308 strains, however, less numerous and less conclusive data have been obtained with PrP^{Sc}
309 preparations extracted from naturally occurring prion diseases, especially in humans. In the few
310 studies performed to date, sCJDMM1 PrP^{Sc} was shown to be more stable than MM 2C PrP^{Sc} by
311 both CDI and CSA, and MM1 PrP^{Sc} to have a moderately higher stability than vCJD PrP^{Sc} by
312 CDI (32–34). In the present study, we have carried out the first systematic analysis of PrP^{Sc}
313 conformational stability in a large series of brain samples across the whole spectrum of human
314 sCJD and vCJD prions. Our results failed to reveal significant strain-specific differences in the
315 GdnHCl-denaturation curve of PrP^{Sc} aggregates. Thus, despite the limitations related to the
316 methodology being rather crude, the data suggest that the intermolecular interactions modulating
317 the divergent PrP^{Sc} aggregation propensity among CJD types (27) are not strongly targeted by
318 GdnHCl.

319 As far as CSA is concerned, we introduced some variations in the protocol to minimize PrP^{Sc}
320 refolding, namely by performing the PK digestion step without removing or diluting GdnHCl.
321 Given that PrP^{Sc} refolding is paralleled by an increase in PK-resistance of the protein, it is
322 expected that GdnHCl dilution before PK treatment would increase the calculated [GdnHCl]₅₀,

323 and, indeed, [GndHCl]₅₀ values in previous studies were greater than 1.5 M, whereas our mean
324 values ranged from 0.86 M to 1.03 M. In order to exclude the possibility that the discrepant
325 results with a previous study (32) concerning MM1 and MM 2C prions, could be due to a
326 difference in the methodology used, we repeated the study of GndHCl induced PrP^{Sc} unfolding
327 using the original protocol (32). While, as expected, the changed procedure led to an increase in
328 [GndHCl]₅₀ values, the results confirmed the lack of significant differences in the GdnHCl-
329 denaturation curve between MM1 and MM 2C sCJD prions.

330 Another approach that has been used to characterize prion strains in mice (30, 46), although
331 never applied to the study of CJD prions, focuses on the denaturing effect of heating in the
332 presence of SDS. Likewise GndHCl, this assay likely mainly measures the propensity of PK-
333 digested PrP^{Sc} aggregates to depolymerize. At variance with GdnHCl, however, the exposure to
334 increasing temperatures revealed significantly different responses among sCJD types with MM1,
335 VV2 and MV 2K PrP^{Sc} mainly forming stable, highly resistant aggregates, the VV1 type
336 comprising highly unstable aggregates that easily dissolve at a relatively low temperature, and
337 MM 2C, MM 2T and vCJD prions exhibiting an intermediate behavior.

338 The relatively high level of PrP^{Sc} that is solubilized at relatively low temperatures in some prion
339 types is intriguing, and may suggest that these agents comprise different forms of PrP^{Sc}.
340 Consistently, an increasing number of studies support the idea that a variable proportion of
341 abnormal PrP is made by a soluble, poorly aggregated and fairly PK-sensitive form, although its
342 specific role and relevance for disease pathogenesis remain controversial (27, 47). Our approach,
343 focusing on PK-treated PrP^{Sc}, did not allow us to address in depth the issue of the influence of
344 this putative “fully PK-sensitive PrP^{Sc}” on thermostability profile; nevertheless the lack of an
345 obvious correlation between sedimentation profile (as determined in 27), and thermostability
346 (present work) of PK-treated PrP^{Sc} suggest that factors other than size also contribute to the
347 thermo-stability of PrP^{Sc} aggregates in CJD.

348 The present results, when combined with the growing knowledge on human prion strains,
349 provide novel insights into the relationships between the physicochemical properties of PrP^{Sc}
350 aggregates and disease characteristics such as incidence, phenotypic expression, and
351 transmission properties (5,7,10,11,48-51). In particular, PrP^{Sc} thermo-stability appears to largely,
352 although not entirely, correlate with prion replication efficiency expressed by either attack rate
353 and incubation time after experimental transmission in the most compatible host genotype or by
354 relative incidence and duration of clinical disease (Table 2). In this regard, the comparison
355 between VV2 and VV1 human prions appears to be particularly illustrative. Indeed, when
356 compared to VV1, VV2 prions are more common, cause a more rapid disease (5), are more
357 readily transmissible (10), and produce PrP^{Sc} aggregates with a higher thermo-stability, PK-
358 resistance, and aggregation propensity (Table 2) (27). Thus, at variance with earlier observations
359 in murine and yeast prions [PSI+], suggesting that a low PrP^{Sc} aggregate stability, by favoring
360 the fragmentation of PrP^{Sc} aggregates, would result in a higher prion replication rate, in humans
361 the thermo-stability of PrP^{Sc} seems to positively correlate with disease severity and “virulence”
362 in the most compatible host genotype. It is noteworthy that our observation is also consistent
363 with data obtained with hamster-adapted prion strains, showing that short incubation period
364 strains are characterized by a higher conformational stability of PrP^{Sc} and a more efficient
365 replication (28, 29).

366 Our results also reveal a relatively high thermo-stability, comparable to that of VV2, for MM1
367 and MV 2K prions. For the latter, the results are consistent with data from transmission studies
368 showing that sCJD VV2 and MV 2K are linked to the same prion strain (V2) (9), whereas the
369 result obtained with MM1 further confirms the positive correlation between PrP^{Sc} thermo-
370 stability and strain “virulence” (Table 2). However, the degree of PK-resistance of PrP^{Sc}
371 aggregates in MM1 is not as high as in VV2 and MV 2K (27), indicating that the two variables
372 are not necessarily directly correlated (Table 2). Our findings that PrP^{Sc} aggregates in vCJD

373 show a very high resistance to PK digestion (27) despite being less thermo-stable than those from
374 sCJD MM1 prions also support this conclusion. It has been suggested that PK itself may act as
375 disaggregating agent by eliminating PrP monomers (48) and thus changing the equilibrium
376 between monomers and polymers in favor of monomers. Likewise, GndHCl or heating exposure
377 also act as disaggregating agent. Thus, the divergent response we obtained using these three
378 methods suggest that propensity of PrP^{Sc} to disaggregate is significantly affected by the type of
379 treatment, which is also in line with evidence indicating that temperature and GdnHCl destabilize
380 the folded structure of proteins by means of distinct molecular mechanisms (52–55).

381 In addition to the analyses on pure phenotypes, we performed TSA on six cases with a mixed
382 phenotype, carrying MM at *PRNP* codon 129, and showing the co-occurrence of PrP^{Sc} types 1
383 and 2 in the brain. In particular, we addressed the unsolved question of whether the brain co-
384 occurrence of PrP^{Sc} types simply reflects the neutral coexistence of two prion strains forming
385 independent protein aggregates or, in contrast, interacting strains form mixed aggregates with
386 novel specific properties. At variance with the findings of a previous study (32) arguing that the
387 co-existence of types 1 and 2 in the same anatomical region may confer special conformational
388 characteristics to the mixed PrP^{Sc} type aggregate, the results we obtained using type-specific
389 antibodies support the former hypothesis. Indeed, properties of each individual type, when co-
390 existing, exactly fit those of the corresponding pure type, suggesting a lack of interaction
391 between the two PrP^{Sc} types. The discrepant results between the two studies are difficult to
392 explain given that they were obtained using different approaches (CSA vs TSA). Unfortunately,
393 we could not address the issue further, since we failed to reveal a significant difference in PrP^{Sc}
394 conformational stability between the pure MM1 and MM 2C types using CSA.

395

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397

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572

573 **FIGURE LEGENDS**

574 **FIGURE 1. Monitoring PrP^{Sc} refolding after GdnHCl-induced unfolding.** Samples were
575 exposed to increasing concentrations of GdnHCl and then PK-digested immediately (upper
576 panel) or after GdnHCl dilution (lower panel). PrP^{Sc} refolding is detected after GdnHCl dilution
577 in samples exposed up to 2.5M GdnHCl.

578

579 **FIGURE 2. GdnHCl-induced unfolding demonstrate a similar conformational stability of**
580 **PrP^{Sc} aggregates across the spectrum of CJD prions.** Brain homogenates were treated with
581 increasing concentrations of GdnHCl and digested with PK, followed by SDS-PAGE and
582 immunoblotting. Membranes were incubated with the primary antibody 3F4. (A) Representative
583 immunoblots showing similar denaturation profiles among the seven CJD types analyzed. (B)
584 Plots of GdnHCl-induced PrP^{Sc} unfolding for each sCJD type and vCJD. The y axis reports the
585 percentage of folded PrP^{Sc} (e.g. percentage of PK-resistant PrP^{Sc}) relative to the untreated
586 sample. Symbols represent data expressed as mean \pm standard deviation, lines the sigmoid curves
587 that best fit the data. (C) [GdnHCl]₅₀ values for each CJD type, expressed as mean \pm standard
588 deviation, indicating the GdnHCl molar concentration necessary to unfold 50% of untreated
589 PrP^{Sc}. (D) Percentage of folded PrP^{Sc} at 2 M GdnHCl, expressed as mean \pm standard deviation.

590

591 **FIGURE 3. Conformational stability assay shows only subtle differences between**
592 **sCJDMM1 and MM 2C prions.** (A) Representative immunoblots of CSA, performed according
593 to the protocol described by Cali et al. (32) on MM1 and MM 2C prions. Membranes were
594 incubated with the primary antibody 3F4. (B) Plots of GdnHCl-induced PrP^{Sc} unfolding data sets
595 for MM1 and MM 2C prions. The y axis reports the percentage of folded PrP^{Sc} (e.g. percentage
596 of PK-resistant PrP^{Sc}) relative to the untreated sample. Symbols represent data expressed as

597 mean \pm standard deviation, lines the sigmoid curves (s) that best fit the data. [GdnHCl]₅₀ is
598 expressed as mean \pm standard deviation.

599

600 **FIGURE 4. CJD types show remarkable differences in the thermal stability of PK-digested**
601 **PrP^{Sc} aggregates.** PK-digested brain samples were subjected to increasing temperatures,
602 followed by SDS-PAGE and immunoblotting. Representative immunoblots for each CJD type,
603 probed with the primary antibodies 3F4 (all types) and SAF60 (only for sCJDMM1 and VV1, as
604 labeled) are shown.

605

606 **FIGURE 5. Comparative analysis of the divergent thermal stability of CJD prions. (A)**
607 **Plots of TSA data sets for each sCJD type and vCJD.** The y axis reports the percentage of PrP^{Sc}
608 in the monomeric state at each tested temperature relative to the sample treated at 95 °C.
609 Symbols represent the data expressed as mean \pm standard deviation, lines the sigmoid curves (s)
610 that best fit the data. **(B)** T₅₀ values for each tested CJD group, expressed as mean \pm standard
611 deviation, indicating the temperature necessary to unfold 50% of PrP^{Sc} relative to the sample
612 treated at 95°C. N.E. = not estimable. **(C)** Percentage of monomeric PrP^{Sc} at 35 °C expressed as
613 mean \pm standard deviation. **(D)** Percentage of monomeric PrP^{Sc} at 75 °C expressed as mean \pm
614 standard deviation. In panels **(B-D)** the triple asterisk (***) indicates a p<0.001 for all pairwise
615 multiple comparisons between the groups; the double asterisk (**) indicates a p<0.001 for all
616 pairwise multiple comparisons with the exception of: **(B)** vCJD vs MM 2C (p<0.005) and vCJD
617 vs MM 2T (p=0.184, not significant); **(C)** VV2 vs MM 2T (p<0.002), and VV1 vs vCJD
618 (p<0.005); **(D)** MM 2C vs vCJD (p<0.005), VV1 vs vCJD (p=0.016), and MM 2T vs vCJD
619 (p=0.029).

620

621 **FIGURE 6. In vivo co-occurring MM1 and MM 2C prions maintain the distinctive thermo-**
622 **stability of the corresponding pure CJD type.** PK-digested brain samples were subjected to
623 increasing temperatures, followed by SDS-PAGE and immunoblotting. **(A)** Representative
624 immunoblots of TSA performed on a MM1+2C sample, probed with primary antibodies 3F4,
625 12B2 and T2. **(B)** Plots of temperature solubility assay data sets for PrP^{Sc} types 1 and 2, when
626 co-occurring (MM1+2C) are compared to those of the corresponding pure type (MM1 and MM
627 2C respectively). Type-specific antibodies 12B2 and T2 have been used to obtain accurate
628 separate measurement of type 1 and type 2 signals in mixed samples. Symbols represent data
629 expressed as mean \pm standard deviation, lines the sigmoid curves that best fit the data. **(C)**
630 Comparison of T₅₀ values between pure and mixed variants. The triple asterisk (***) indicates a
631 statistically significant differences between groups at p<0.001. **(D)** Comparison of the percentage
632 of monomeric PrP^{Sc} at 35 °C between pure and mixed variants. The double asterisk (**)
633 indicates a p<0.05 between groups with the exception of MM1 vs type 2 PrP^{Sc} (not significant).
634 **(E)** Comparison of the percentage of monomeric PrP^{Sc} at 75 °C between pure and mixed
635 variants. The triple asterisk (***) indicates a p<0.001 between groups.

636 **TABLE 1.** Mean values of %PrP^{Sc}_{refold2M} for each CJD type^a

CJD type	%PrP ^{Sc} _{refold2M}
MM1	24.06 ± 11.69
VV2	21.32 ± 6.02
MV 2K	19.72 ± 15.53
MM 2C	24.53 ± 9.69
MM 2T	21.07 ± 10.73
VV1	11.19 ± 5.18
vCJD	17.60 ± 10.25

637 ^aAll parameters are expressed as mean ± standard deviation; no statistically significant
638 differences were observed among CJD types.

639 **TABLE 2.** CJD strains: Comparison of epidemiological and clinical data, results of experimental transmission, and biochemical PrP^{Sc}
640 properties.

CJD type	Strain	Incidence as % of total sCJD cases (ref.)	Mean disease duration in months (ref.)	Attack rate in % (ref.) ^{a,b}	Incubation time in days (ref.) ^{a,b}	T ₅₀ (°C) (present work)	PK resistance ED ₅₀ (U/ml) ^c (from ref. 27)
VV2	V2	15 (5)	6.3 ^d (5)	100 (7, 10, 48)	274 ± 4 (10) 302 ± 9 (7, 48)	82.05 ± 3.70	4.137 ± 3.562
MV 2K		8 (5)		100 (10, 48)	288 ± 3 (10) 329 ± 3 (48)	79.48 ± 3.63	1.407 ± 0.892
MM1	M1	40 (5)	4.0 (5)	100 (7, 10, 48)	446 ± 3 (10) 467 ± 24 (7, 48)	79.66 ± 2.32	0.093 ± 0.068
vCJD	BSE	rare (49)	14 (49)	83 (50) 100 (50)	540 ± 41 (50) 668 ± 22 (50)	65.26 ± 3.19	5.192 ± 2.378
MM 2T	M 2T	1 (5)	15.5 (5)	93 (11)	535 ± 32 (11)	59.41 ± 6.04	0.134 ± 0.089
VV1	V1	1 (5)	15.3 (5)	50 (10)	568 ± 0 (10)	< 25	0.034 ± 0.028
MM 2C	M 2C	1 (5)	20.0 (5)	0 (10, 11, 48, 51)	- (10, 11, 48, 51)	57.11 ± 5.96	0.276 ± 0.210

641 ^a Data are from PrP-humanized knock-in mice expressing normal levels of human PrP^C.
642 ^b Data for each strain refer to those obtained in recipient animals carrying the most compatible *PRNP* 129 genotype.
643 ^c ED₅₀ is the PK concentration needed to digest 50% of PrP^{Sc}.
644 ^d The reported mean disease duration only refers to VV2, the group with the most compatible 129 genotype to the V2 strain.

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